TISSOT

SWISS WATCHES SINCE 1853

QUARTZ DIGITAL
User's Manual V1.0

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Welcome to your QUARTZ DIGITAL watch manual

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START/STOP
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LAP   SPLIT

Push-button press time

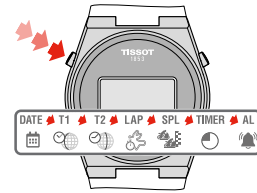|	
Single press	
Pressed for more than 0.5 second	0.5"
Pressed for more than 3 seconds	3"

Functions

Select a pictogram to access the corresponding function
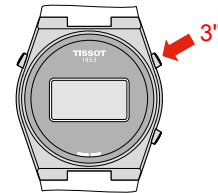
DATE   T1   T2   LAP   SPL   TIMER   AL

General setting procedure
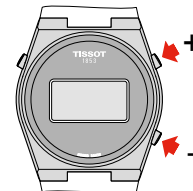
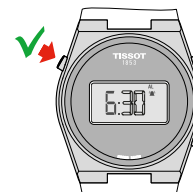All settings are made using the same process.

1	Select the function

2	Enter setting mode

✎ *The whole screen flashes once*

3	Adjust the value

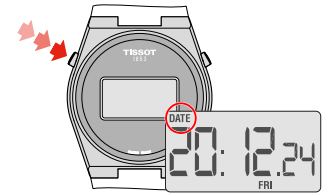| 4	Confirm and exit setting mode

⚙️ DATE

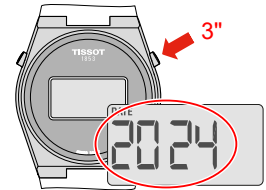### Setting

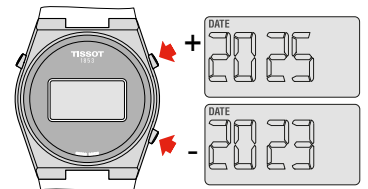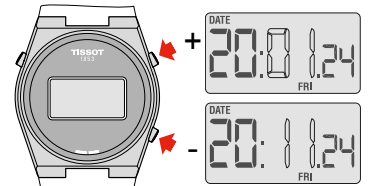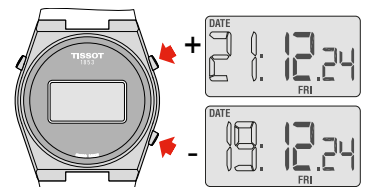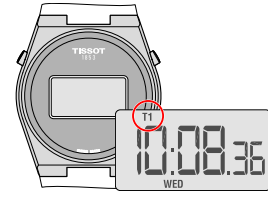| 1 | Select DATE | |
2	Enter setting mode ✏️ *The whole screen flashes once, then the year is displayed and flashes*	
3	Adjust the value	
4	Confirm the selection and move on to the next setting ✏️ *The month flashes*	
5	Adjust the value	
6	Confirm the selection and move on to the next setting ✏️ *The day flashes*	
7	Adjust the value	
8	Confirm and exit setting mode	

Display the date temporarily

1	In time display mode, you can temporarily display the date	

2	Press once ✎ *The screen displays the date*	
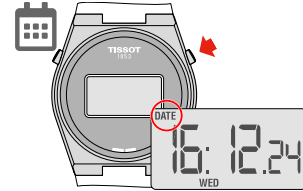
3	After 5 seconds, it reverts to time display mode	
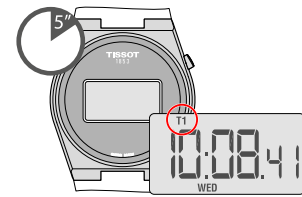
⚙️ T1

Setting the time, setting the primary time

The time can be displayed in 12- or 24-hour mode

Setting
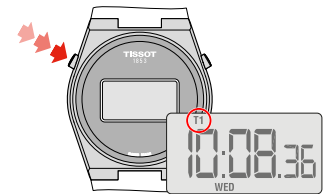
1	Select T1	
2	Enter setting mode ✎ *The whole screen flashes once, then the hour flashes*	3"
3	Adjust the value	
4	Confirm and move on to the next setting ✎ *The minutes flash*	
5	Adjust the value	
6	Confirm and move on to the next setting ✎ *The seconds flash*	
7	Adjust the value	
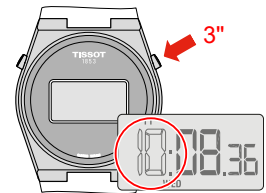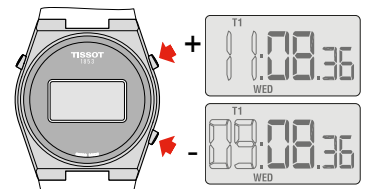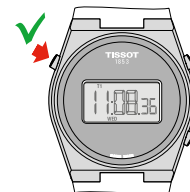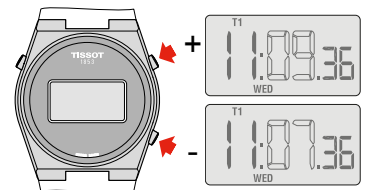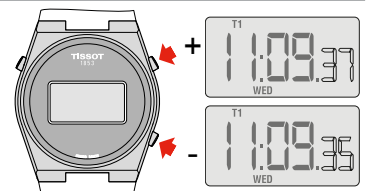
8	Confirm and move on to the next setting	

9	Select 12- or 24-hour display mode	
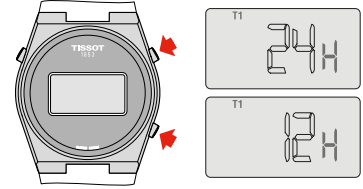
10	Confirm and exit setting mode	

⚙️ **T2**

Secondary time setting (second time zone)

Setting
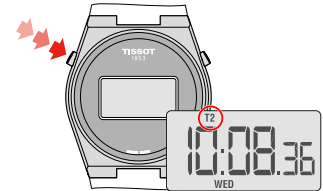
1	Select T2	
2	Enter setting mode ✎ *The whole screen flashes once, then the hour flashes*	
3	Adjust the value	
4	Confirm and move on to the next setting ✎ *The minutes flash*	
5	Adjust the value ✎ *Move forward or backward +/-15 minutes*	
6	Confirm and exit setting mode ✎ *The seconds cannot be set and are always identical to T1*	
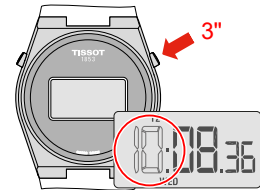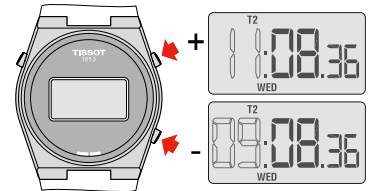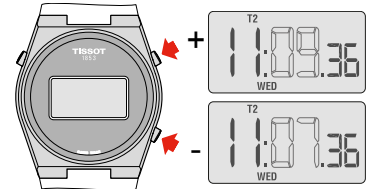
🏃 LAP

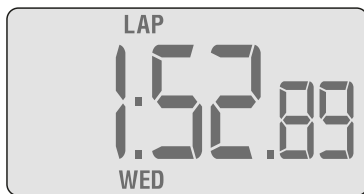Timing in LAP mode (lap time)

Information

The LAP function is a chronometer designed to measure the lap time in a running race or motor race.

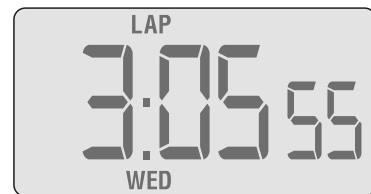*For example: measuring the lap time taken for a long-distance runner.*

Measurement range

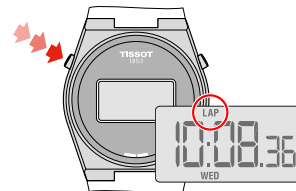|	
Maximum measurement time	100 days
Measurement resolution (less than 1 hour)	1/100''
Measurement resolution (more than 1 hour)	1''

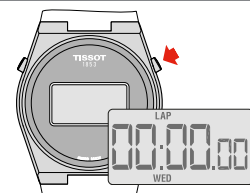| Minutes-seconds-hundredths display	Hours-minutes-seconds display

Use

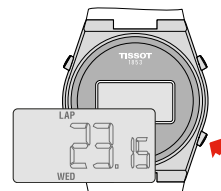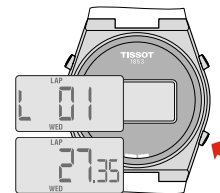|		
1	Select the LAP chrono ✎ *To be able to select the LAP function, the SPLIT chrono needs to be reset and vice versa*	
2	Start timekeeping	
3	Each time the runner completes a lap, press to record the lap time ✎ *The recorded time flashes on the display for 3 seconds, then the current timing is displayed again*	
4	On the runner's last lap, stop timekeeping ✎ *The last lap time is recorded*	

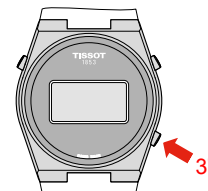| 5	Display the first recorded time	
	✎ *After 2 seconds, the time is displayed*	
	Press again to display the next time	
	✎ *Press twice to go directly to the next time*	
	✎ *After 20 seconds, the display returns to the total time*	
6	**Resetting the chronograph to zero**	
	✎ *Resetting the current timing to zero deletes the stored data*	3"

SPLIT

Timing in SPLIT mode (split times)

Information

The SPLIT function is a chronometer for measuring the total duration of a race for up to 99 runners or vehicles participating in the same timed event.

For example: measuring the finish time for several runners in a 100-metre sprint.
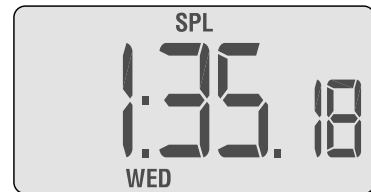
Measurement range

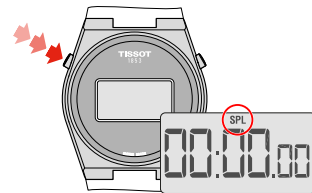|	
Maximum measurement time	100 days
Measurement resolution (less than 1 hour)	1/100''
Measurement resolution (more than 1 hour)	1''

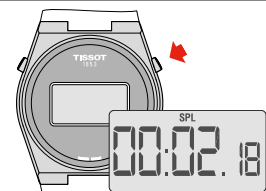| Minutes-seconds-hundredths display	Hours-minutes-seconds display
SPL 00:25.43	SPL 1:35.18 WED

Use

1	Select SPL chrono	
	✎ *To be able to select the SPLIT function, the LAP chrono needs to be reset and vice versa*	SPL 00:00.00

2	Start timekeeping	
	✎ *The first split time is measured*	SPL 00:02.18

3	**Timing in SPLIT mode**	
	As each runner passes, press to record their time	SPL 00:25.43
	✎ *The recorded time flashes on the display for 3 seconds, then the current timing is displayed again*	
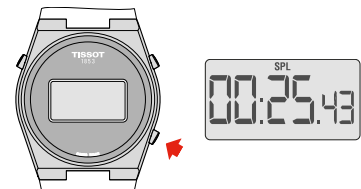
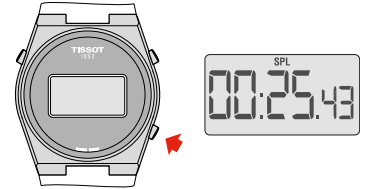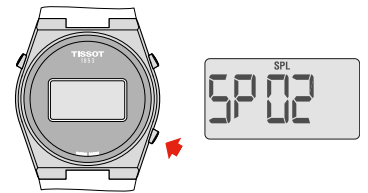| 4	When the last runner passes, stop timekeeping	SPL 00:27.45
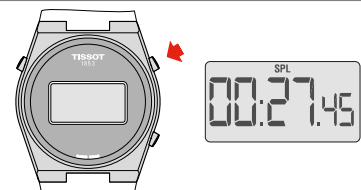
5	Display the first recorded time

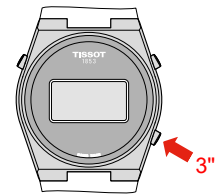*After 2 seconds, the time is displayed*

Press again to display the next time

Press twice to go directly to the next time

After 20 seconds, the display returns to the total time

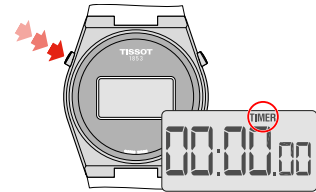| 6	**Resetting the chronograph to zero**

Resetting the current timing to zero deletes the stored data

3"

⚙️ TIMER

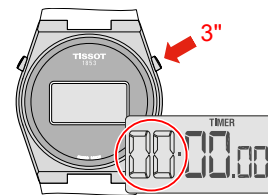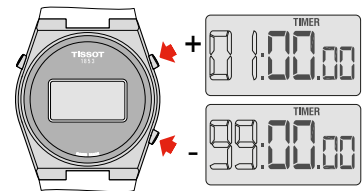The TIMER function enables you to start a countdown of up to 23 hours 59 mins 59 secs.

Setting

1	Select TIMER

2	Enter setting mode
	✎ The whole screen flashes once, then the hour flashes

3	Adjust the value

4	Confirm and move on to the next setting
	✎ The minutes flash
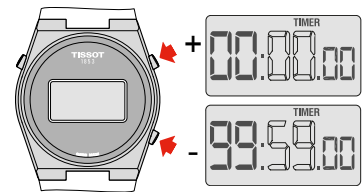
5	Adjust the value

6	Confirm and move on to the next setting
	✎ The seconds flash
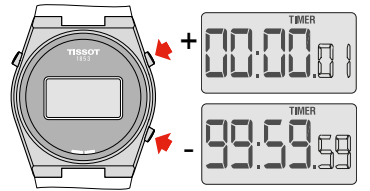
7	Adjust the value	
8	Confirm and exit setting mode	
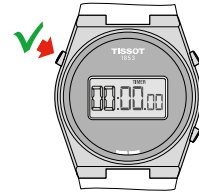
⚙️ AL

The watch is equipped with an alarm function that beeps at the set time.

How it works

At the set time (relative to T1), a beep will sound for 30 seconds, and the display will flash until the alarm is cleared.

General information

- There is no alarm snooze feature.
- The alarm is deactivated for:
  - setting the time T1;
  - setting the alarm;
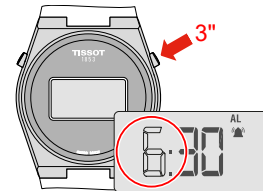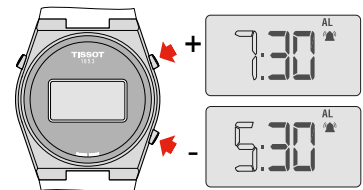 - the watch is in deep power save mode after manually entering this mode

Setting

1	Select AL	
2	Enter setting mode ✎ *The whole screen flashes once, then the hour flashes*	
3	Adjust the value	
4	Confirm and move on to the next setting ✎ *The minutes flash*	
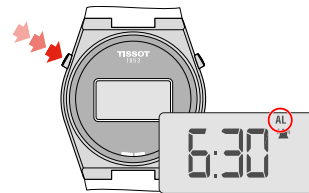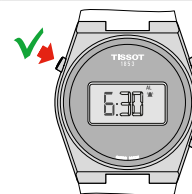
5	Adjust the value	
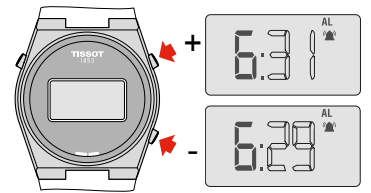
6	Confirm and exit setting mode	
	The alarm is activated	
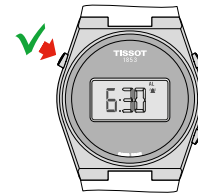
Clearing the alarm

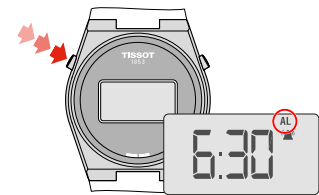| 1	Press any push-button	
	The alarm remains active for the next set alarm time (see deactivation below).	
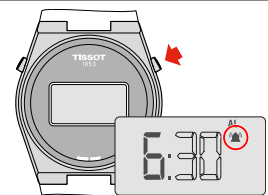
Activating/deactivating the alarm

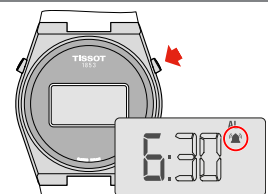| 1	Select AL	

2	Press to deactivate the alarm	
	The alarm is deactivated	
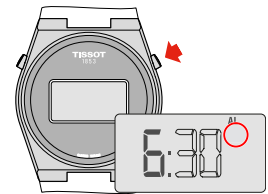
3	Press again to reactivate the alarm	

OTHER

💡 Light

Illuminating the display

Press to light up the display

Light duration: 5 seconds

✎ Pressing any push-button extends the illumination time

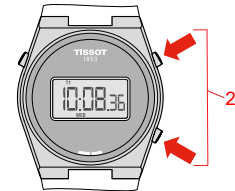*✎ When the light is on, the sound is off*

🔊 Sound

Activation/deactivation

Press the 2 push-buttons simultaneously to activate or deactivate the sound.

✎ When the sound is activated, the watch will beep when the push-buttons are pressed.
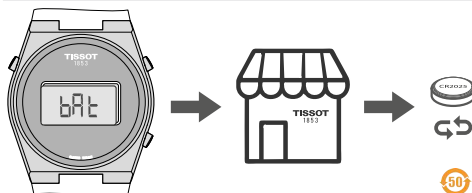
✎ In all modes except LAP and SPLIT

🌙 Standby

Exit standby mode

In standby mode, press to reactivate the watch

🔋 Battery

When the display shows "bat", the battery needs replacing.

✎ Have the battery replaced by your dealer

TISSOT

SWISS WATCHES SINCE 1853